

# Weekly Classes The Barn

Come home to  
**HOULTON**

Monday	<b>4:45pm RAINBOWS</b> To find out more contact Tracey on <a href="mailto:traceyrt@gmail.com">traceyrt@gmail.com</a>	<b>7:00pm RUNNING ZUMBA</b> To find out more contact Lina on <a href="mailto:linavens@yahoo.com">linavens@yahoo.com</a>
Tuesday	COMING SOON...	COMING SOON... <b>7:30pm BEGINNERS YOGA WITH CARON</b> To find out more contact Caron on <a href="mailto:caron@redhatyoga.co.uk">caron@redhatyoga.co.uk</a>
Wednesday	COMING SOON... <b>10:00am MINDFUL YOGA WITH CARON</b> To find out more contact Caron on <a href="mailto:caron@redhatyoga.co.uk">caron@redhatyoga.co.uk</a>	<b>1:00pm LOUISE MIDDLETON- SCHOOL OF DANCE</b> Classes to start from 1 Sep. To find out more contact Louise on <a href="mailto:louise@lmsdlutterworth.com">louise@lmsdlutterworth.com</a>  <b>7:00pm 2FITNESS WITH HAMILTON</b> Classes to start from 23 June. For more contact Hamilton on <a href="mailto:hamilton@2fitness.co.uk">hamilton@2fitness.co.uk</a>
Thursday	<b>9:00am DOLLMAN DOTS</b> Find out more @Dollmandots on Facebook or call 0771 124 227	<b>2:00pm SOUND THERAPY</b> (First Thursday of every month) To find out more contact Rachel on <a href="mailto:rachel.dobbie@googlemail.com">rachel.dobbie@googlemail.com</a>
Friday	<b>9:00am RUGBY PHYSIOTHERAPY</b> To find out more contact Liz on <a href="mailto:admin@rugbyphysiotherapy.co.uk">admin@rugbyphysiotherapy.co.uk</a>	<b>5:30pm TAE KWON DO</b> To find out more contact Adrian on <a href="mailto:adrian.focustkd@gmail.com">adrian.focustkd@gmail.com</a>

To enquire about bookings and availability please email [Houlton@urbanandcivic.com](mailto:Houlton@urbanandcivic.com), or alternatively email [Hannah.craig@urbanandcivic.com](mailto:Hannah.craig@urbanandcivic.com).